



ARTS, CULTURE & HERITAGE – PAST, PRESENT AND FUTURE OF THE CANADIAN ARTS ECOSYSTEM



FACILITATED BY SONI DASMOHAPATRA

[READ BIO](#)

The Past: Historical Presentation of Arts, Culture & Heritage in Canadian context

The Present: Where are we today

The Future: What can we dream for Canada's arts, culture and heritage ecosystem

Each workshop will have a component of the three listed themes. The workshops will explore geographic narratives with the focus starting on Arts ecosystem in the prairies and building out to larger Canadian considerations. Using somatic experiencing, and arts methodologies in the facilitation process of each workshop the ultimate goal is to collectively identify with participants pathways to build equity practice in arts eco-system for considerations and implementations.

WORKSHOP 1 | ASYNCHRONOUS

Thriving Through Ritual
In this workshop, our aim is to outline how ritual can enhance and emphasize our desire for meaning, and how it can be a powerful vehicle for thriving in a creative, healthy, and authentic life.
Co-Facilitator: Fawnda Mithrush

WORKSHOP 2 | DEC 03 2-3 PM ET

Arts and Heritage Documentation to Impact Social Change
This workshop provides a platform for an examination of the concept of Canadian heritage. Using social innovation and human centered design methodologies the workshop will explore power, positionality and creation of stories that disrupt dominant narratives to impact social change.

WORKSHOP 3 | JAN 14 3-4PM ET

The Spirit of Indigenous Culture through an Arts lens
We will explore Indigenous arts through the links between self, community and culture; why revitalizing (or re-imagining) self-worth through art takes back ownership of identity. Let's share the story that was told, that community tells, the story that we tell ourselves now, and how we can shape the story through activating and celebrating Indigenous arts today and for the next seven generations.
Co-Facilitator: Kyra Brown

WORKSHOP 4 | JAN 28 2-3 PM ET

Origin Stories, Rest and Somatics
An embodied workshop that incorporates activities to document origin stories, movement and rest/relaxation to support creative process. The participants will be led in a twenty minute yoga nidra practice, please bring a pillow, bolster, blanket and eye mask. Following the nidra practice, there will be writing and expression activities, please bring paper and writing, drawing utensils.

WORKSHOP 5 | FEB 04 2-3 PM ET

The role of the arts in gentrifying and displaced neighbourhoods.
This workshop is designed for our arts community to unpack power dynamics and analyze the complexity of living in/working with racialized working class communities. We invite artists and cultural workers to join in solidarity by practicing ways of relating that honour, respect, come alongside and placekeep existing communities.
Co-Facilitator: Grace Law, aiya collective

WORKSHOP 6 | FEB 25 2-3PM ET

CanNatyam: What was that?
CanNatyam was conceived as a curated festival in Edmonton for Canadian Indian classical artists with full length, remunerated, new productions with technical and design support. A proven festival concept unveiled in November of 2022, the audience found the program emotionally, aesthetically and cerebrally fertile. This workshop will explore what the next iteration of the festival can look like.
Co-Facilitator: Shreela Chakrabartty

WORKSHOP 7 | MAR 11 2-3 PM ET

Reimagining the future of performing arts
How can we engender new online and physical spaces where artists working within and between marginalities can explore their practices together? This 1-hour workshop is a primer on the work of Postmarginal in relation to its explorations of ethical relationality in practice and communities in Canada.
Co-Facilitator: Peter Farbridge and TBD, Postmarginal

[REGISTER FOR ANY/ALL FREE WORKSHOPS HERE](#)